



Presented by: Chris Emerson and Hope Smith Counselors





ROUTINES





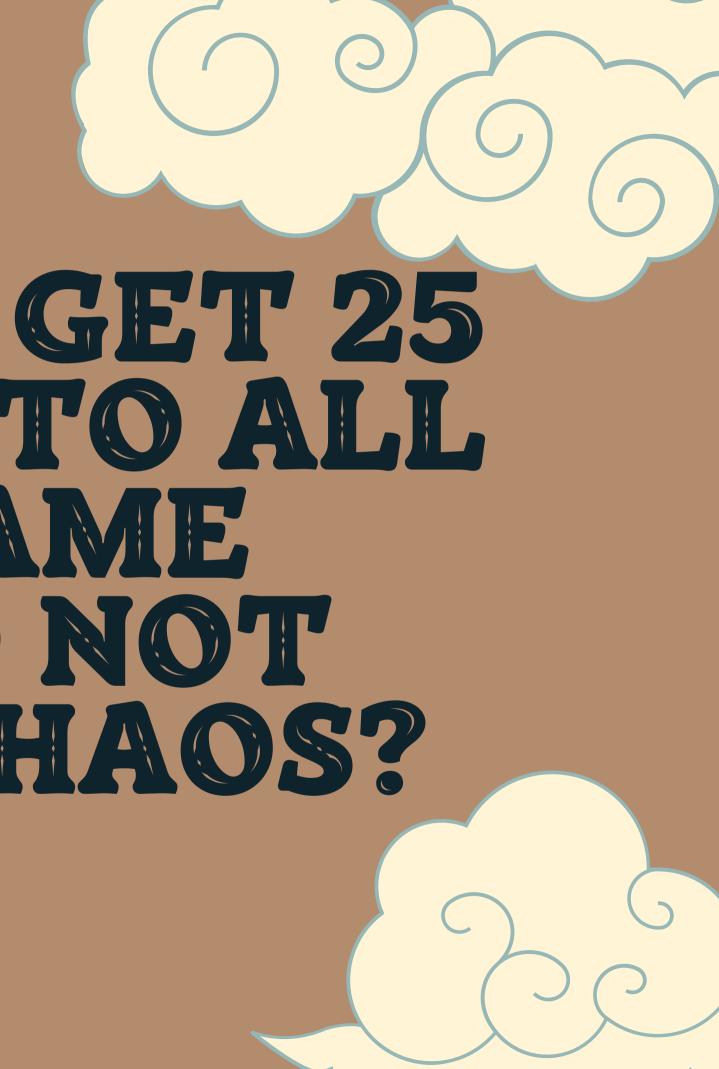






EMOTIONAL

HOW DO YOU GET 25 5 YEAR OLDS TO ALL DO THE SAME THING AND NOT RESULT IN CHAOS?



ROUTINES

- Unpacking backpacks
- Lining up
- Center rotations
- Handling supplies
- Transportation
- Leaving the classroom
- Devices

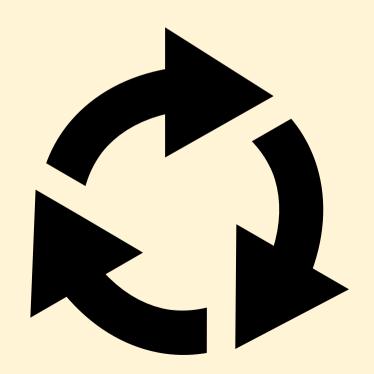
HOME ROUTINES

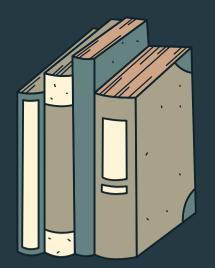
- How and where is homework done?
- Buying lunch? Bringing lunch?
- Snacks?
- Water bottles?
- What to wear to school?
- Breakfast?
- Bedtime?
- Bookbags?



TEACHING ROUTINES

REINFORCE REMINDERS REPETITION







Parent Hub: https://safarihub.fultonschools.org/PORTAL

- New math standards this school year
- Homework: Should not take more than an ightarrowhour each night
- **Communcations: Teachers send out weekly** \bullet newsletters about upcoming tests, standards, etc. so please check email often

Curriculum Questions? Contact Dorian Gower gower@fultonschools.org



ENPOWERING YOUR CHILD

- Conflict in Elementary School is expected.
- At Creek View, we strive to work with our students to become independent problem solvers.

How do we do this?

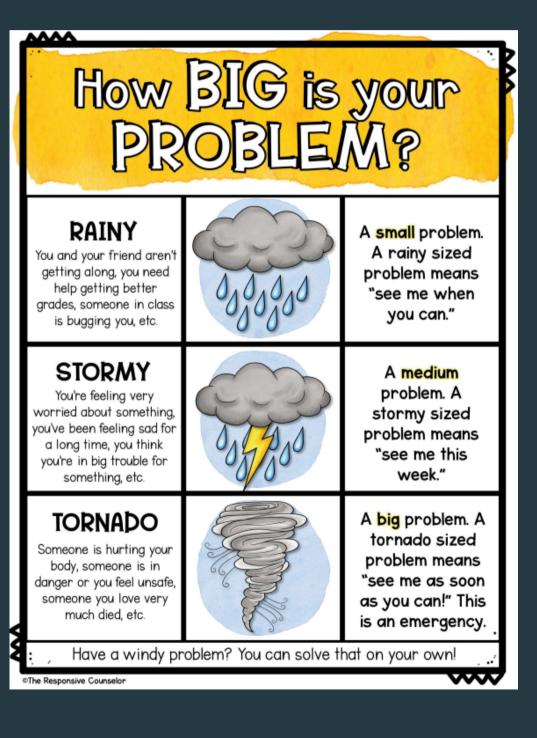






DEBUG AND SIZE OF THE PROBLEM







END OF DAY QUESTIONS

- Who were you kind to today?
- How did you make others feel today?
- What made you smile today?
- How did you show your best self today?
- What was something kind you've seen today?
- Who was a great friend today and why?



WHEN SHOULD I **INTERVENE?**

If your child comes to your with a conflict they are experiencing at school, it's important to listen and provide a time for them to brainstorm solutions.

STUDENT CAN SOLVE

Name calling Cutting in line Being bumped into Cheating in games Tattling **Bad words**

If your child has been talking about the problem continuously and has attempted all the brainstormed solutions.

school.

Remember there are always two sides to a story.

PARENT SHOULD INTERVENE

If you're noticing any major changes in their behavior and/or attitude toward

ENGTIORAL.

WHEN LITTLE PEOPLE ARE OVERWHELMED BY BIG EMOTIONS, IT'S OUR JOB TO SHARE OUR CALM. NOT JOIN THEIR CHAOS. ~ L. R. KNOST

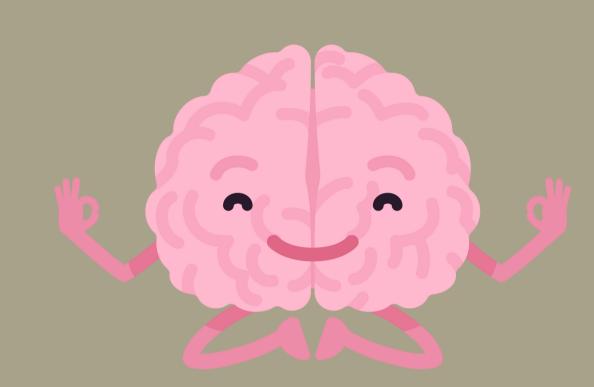




COPING SKILLS

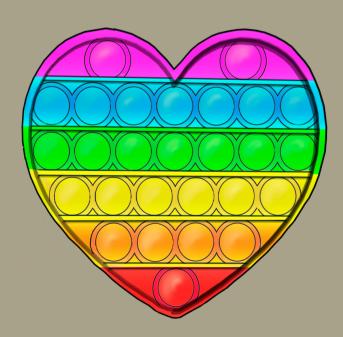
CALMING

Deep Breathing Sit in a bean bag Mindfulness Take a shower Lay down



MOVEMENT

Take a walk Wall pushups Bike Ride Stretching Fidgets





DISTRACTION

Word search Read a book Play a board game Watch TV

PROCESSING

Talk about it Journal Draw Color



- Who do I contact about my concerns throughout the school year? Individual Student Academics Teacher Discipline Classroom Referrals: Teacher
- Office Referrals: Melanie Barrow (AP)



Curriculum and Standards Teacher followed by Dorian Gower

Social/Emotional Concerns Chris Emerson & Hope Smith



THANK YOU FOR LISTENING!

Don't hesitate to ask any questions!

Chris Emerson: emersonc@fultonschools.org Hope Smith: smithh8@fultonschools.org



